

TOBACCO USE

GOAL: REDUCE ILLNESS, DISABILITY, AND DEATH RELATED TO TOBACCO USE AND SECONDHAND SMOKE EXPOSURE.

HEALTHY PEOPLE 2020

Healthy People provides science-based, 10-year national objectives for improving the health of all Americans.

VISION: A SOCIETY IN WHICH ALL PEOPLE LIVE LONG, HEALTHY LIVES.

MISSION STRIVES TO:

- Identify nationwide health improvement priorities.
- Increase public awareness and understanding of the determinants of health, disease, and disability and the opportunities for progress.
- Provide measurable objectives and goals that are applicable at the national, State, and local levels.
- Engage multiple sectors to take actions to strengthen policies and improve practices that are driven by the best available evidence and knowledge.
- Identify critical research, evaluation, and data collection needs.

OVERARCHING GOALS:

- Attain high-quality, longer lives free of preventable disease, disability, injury, and premature death.
- Achieve health equity, eliminate disparities, and improve the health of all groups.
- Create social and physical environments that promote good health for all.
- Promote quality of life, healthy development, and healthy behaviors across all life stages.

THE HEALTHY PEOPLE 2020 TOBACCO USE OBJECTIVES ARE ORGANIZED INTO 3 KEY AREAS:

TOBACCO USE PREVALENCE

Implementing policies to reduce tobacco use and initiation among youth and adults.

HEALTH SYSTEM CHANGES

Adopting policies and strategies to increase access, affordability, and use of smoking cessation services and treatments.

SOCIAL AND ENVIRONMENTAL CHANGES

Establishing policies to reduce exposure to secondhand smoke, increase the cost of tobacco, restrict tobacco advertising, and reduce illegal sales to minors.

TOBACCO USE LEADING HEALTH INDICATORS (LHIs)

Healthy People 2020 contains 42 topic areas, nearly 600 objectives, which encompass 1,200 measures. A smaller set of Healthy People 2020 objectives, called Leading Health Indicators (LHIs), has been selected to communicate high-priority health issues and actions that can be taken to address them.

TOBACCO LHIs

- Adults who are current cigarette smokers
- Adolescents who smoked cigarettes in the past 30 days
- Children aged 3 to 11 years exposed to secondhand smoke

TOBACCO USE OBJECTIVES

TOBACCO USE PREVALENCE

- TU-1: Adult tobacco use
- TU-2: Adolescent tobacco use
- TU-3: Initiation of tobacco use
- TU-4: Smoking cessation attempts by adults
- TU-5: Adult success in smoking cessation
- TU-6: Smoking cessation during pregnancy
- TU-7: Smoking cessation attempts by adolescents

HEALTH SYSTEM CHANGES

- TU-8: Medicaid coverage for smoking cessation
- TU-9: Tobacco screening in healthcare settings
- TU-10: Tobacco cessation counseling in healthcare settings

SOCIAL AND ENVIRONMENTAL CHANGES

- TU-11: Exposure to secondhand smoke
- TU-12: Indoor worksite smoking policies
- TU-13: Smoke-free indoor air laws
- TU-14: Smoke-free homes
- TU-15: Tobacco-free schools
- TU-16: Preemptive tobacco control laws
- TU-17: Tobacco tax
- TU-18: Exposure of adolescents and young adults to advertising and promotion
- TU-19: Enforcement of illegal sales to minors laws
- TU-20: Evidence-based tobacco control programs

To obtain the full objective text visit the Healthy People 2020 website at: <http://www.healthypeople.gov>



ONLINE RESOURCES:

CENTERS FOR DISEASE
CONTROL AND PREVENTION'S
OFFICE ON SMOKING AND HEALTH
<http://www.cdc.gov/tobacco>

HEALTHY PEOPLE 2020
<http://www.healthypeople.gov>

HEALTH INDICATORS WAREHOUSE
<http://healthindicators.gov>



USE YOUR
SMARTPHONE
TO SCAN THIS
QR CODE

CENTERS FOR DISEASE CONTROL AND PREVENTION
NATIONAL CENTER FOR CHRONIC DISEASE PREVENTION
AND HEALTH PROMOTION
OFFICE ON SMOKING AND HEALTH

Mail Stop K-50
Attn: Healthy People 2020 Tobacco Use Objectives
4770 Buford Highway NE
Atlanta, GA 30341-3717

*Send your questions,
comments, concerns, or
suggestions regarding the
Healthy People 2020
Tobacco Use Objectives.*

E-mail Questions: hp2020tobacco@cdc.gov